



Maroon Outdoor Education Centre



RTO No. 32122

Kayaking (Level 2) Units from Sport, Fitness and Recreation Training Package (SIS10)

Context

Kayaking (Level 2) provides the knowledge and skills to plan for, participate in and control a kayak on:

- Up to Grade One Water with minimal flow of water (Very small rough areas, requires no manoeuvring. (Skill Level: None)
- Sheltered and calm water with ease of access to shore and open lakes.

Kayak refers to any other topped, narrow-beamed vessel that floats and is propelled by a double-bladed paddle.

Qualifications

The CARA requires a teacher leading Kayaking (Level 2) in this environment to possess the following units as a minimum:

Demonstrate navigation skills in a controlled environment

- Navigate by using a map and compass following a planned route

Apply kayaking skills

- Select appropriate equipment, plan, organise and conduct a paddling session safely.
- Demonstrate a full range of technically correct and effective strokes in the appropriate environment

Perform deep water rescues

- Perform a suitable deep water rescue from your canoe of a capsized vessel.
- Demonstrate how you would assist a person unable to re-enter a canoe without your assistance.

Guide kayaking trips on flat and undemanding water

- Prepare and run a canoeing session for a group, choose the required equipment,
- You will be required to run the session safely and deal with any issues that emerge.

Current First Aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel **or Remote Area First Aid** if operating more than one hour away from emergency services

Details

Teachers will need to demonstrate competence in leading student groups during this type of activity by applying the skills briefly outlined in the unit descriptions above. An applicant will need to have taken student groups on a minimum of 3 occasions and have personally participated. The risk assessment process will also need to have been conducted and recorded as well as the activity planning, leading and concluding stages successfully completed and recorded.

Further Information

Contact:
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MOEC
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