



Maroon Outdoor Education Centre



RTO No. 32122

Rock-climbing and Vertical Rescue (Single pitch), Units from Sport, Fitness and Recreation Training Package (SIS10)

Context

Rock climbing is the process of ascending natural cliffs or artificial surfaces i.e. Walls or Towers. Associated activities include single pitch top rope climbing, and multi pitch lead climbing. Rock-climbing activities are conducted to challenge others in an atmosphere of perceived high risk with minimal actual risk, to build self esteem and enhance self concept and to provide opportunities for students to work with others in a practical situation. The ability to respond to developing situations in a vertical context by applying high level knowledge of roping systems, safe usage practise, group management and vertical rescue skills are inherent in the conduct of rock-climbing activities.

Qualifications

The CARA requires a teacher taking single pitch rock-climbing in a natural environment to possess the following units as a minimum:

Demonstrate top rope climbing skills on artificial / natural surfaces

- Equipment selecting and use, climbing skills

Apply top rope climbing skills on artificial / natural surface

- Activity planning & route selecting, Safety, Belayer positioning and technique

Establish belays for climbing on artificial / natural surfaces

- Anchor selection & belay systems

Guide outdoor recreation sessions (Guide rock-climbing units available on application)

- Plan climbing activity and prepare for the activity and manage group welfare
- Activity supervision & professional conduct
- Post-activity duties

Applicants must also hold:

Apply First Aid (Credit transfer only)

Perform vertical rescues (Completed via a separate course, or credit transfer)

- Rope techniques & mechanical advantage systems
- Rescue techniques & Harness improvisation

Details

Teachers will need to demonstrate competence in leading student groups during this type of activity by:

- Applying the skills briefly outlined in the unit descriptions above.
- Leading student groups in a similar location on a minimum of 3 occasions.
- Personally participating in similar or higher level trips to other venues on at least 3 occasions.
- Conducting and recording the risk assessment process for the trips with students
- Planning and successfully leading the trips with students
- Concluding the activity successfully and recording the process and results.

Further Information

Contact:

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