



## Maroon Outdoor Education Centre



RTO No. 32122

### Low Ropes and Built Group Activities, Units from Sport, Fitness and Recreation Training Package (SIS10)

#### **Context**

Low Ropes and group challenge courses enable students to participate in activities which are challenging, help build self-confidence, determination, cooperation and decision-making skills, and develop physical attributes such as balance and flexibility. The safe conduct of these activities may require the use of spotters to protect participants from impact with the ground.

#### **Qualifications**

The EPPR requires a teacher taking low ropes or problem solving activities where spotting would be reasonably required to possess the following units as a minimum:

##### **Conduct a low ropes session**

- Differentiate between challenge course types and conduct safety inspections
- Set up, conduct and conclude sessions appropriately
- Instruct spotting techniques and manage student safety

##### **Senior First Aid (Must be held by applicant)**

#### **Details**

Teachers will need to demonstrate competence in leading student groups during this type of activity by applying the skills briefly outlined in the unit descriptions above. An applicant will need to have taken student groups on a minimum of 3 occasions and have personally participated. The risk assessment process will also need to have been conducted and recorded as well as the activity planning, leading and concluding stages successfully completed and recorded.

#### **Further Information**

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