



Maroon Outdoor Education Centre



RTO No. 32122

High Ropes Units from Sport, Fitness and Recreation Training Package (SIS10)

Context

High Ropes courses enable students to participate in activities which are challenging, help build self-confidence, determination, cooperation and decision-making skills, and develop physical attributes such as balance and flexibility. The safe conduct of these activities will require the use of appropriate belay systems, harnesses, helmets and the ability to respond to safety issues wherever they arise on a course, or during a session.

Qualifications

The CARA requires a teacher taking high ropes to possess the following unit as a minimum:

Conduct a high ropes session

- Differentiate between challenge course types and conduct safety inspections
- Set up, conduct and conclude sessions appropriately
- Instruct belay techniques and manage student safety
- Perform vertical rescues and respond appropriately for the course, activity and situation arising

Senior First Aid (Must be held by applicant)

Details

Teachers will need to demonstrate competence in leading student groups during this type of activity by applying the skills briefly outlined in the unit descriptions above. An applicant will need to have taken student groups on a minimum of 2 occasions on a minimum 5 element course and have personally participated in high ropes activities. The ability to respond appropriately to issues of student safety anywhere on a course is very important. The risk assessment process will also need to have been conducted and recorded as well as the activity planning, leading and concluding stages successfully completed and recorded.

Further Information

Contact:
Deputy Principal
MOEC
Ph: 54636333
www.maroonoec.eq.edu.au