



Maroon Outdoor Education Centre



RTO No. 32122

Canoeing (Level 2) Units from Sport, Fitness and Recreation Training Package (SIS10)

Context

Canoeing (Level 2) provides the knowledge and skills to plan for, participate in and control a canoe on:

- Up to Grade One Water with minimal flow of water.
- Sheltered and calm water with ease of access to shore and open lakes.

Qualifications

The CARA requires a teacher leading Canoeing (Level 2) in this environment to possess the following units as a minimum:

Demonstrate navigation skills in a controlled environment

- Navigate by using a map and compass following a planned route

Apply canoeing skills

- Select appropriate equipment, plan, organise and conduct a paddling session safely.
- Demonstrate a full range of technically correct and effective strokes in the appropriate environment

Perform deep water rescues

- Perform a suitable deep water rescue from your canoe of a capsized vessel.
- Demonstrate how you would assist a person unable to re-enter a canoe without your assistance.

Guide canoeing trips on flat and undemanding water

- Prepare and run a canoeing session for a group, choose the required equipment,
- You will be required to run the session safely and deal with any issues that emerge.

Senior First Aid (Must be held by applicant)

Details

Teachers will need to demonstrate competence in leading student groups during this type of activity by:

- Applying the skills briefly outlined in the unit descriptions above.
- Leading student groups in a similar location on a minimum of 3 occasions.
- Personally participating in similar or higher level trips to other venues on at least 3 occasions.
- Conducting and recording the risk assessment process for the trips with students
- Planning and successfully leading the trips with students
- Concluding the activity successfully and recording the process and results.

Further Information

Contact:

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