



Maroon Outdoor Education Centre



RTO No. 32122

Canoeing Sheltered Enclosed Environments (Level 1) Units from Sport, Fitness and Recreation Training Package (SIS10)

Context

Canoeing in sheltered, enclosed environments is paddling in a canoe through:

- Sheltered, calm, enclosed waters
- Controlled, built environments (pools, ponds, small dams), or clearly enclosed and defined natural waterways with minimal tidal/current/flow effects and a low chance of being adversely affected by wind or wave action.

Canoe refers to a narrow-beamed pointed vessel with an open top, rigid hull that is propelled by a single blade paddle.

Qualifications

The CARA requires a teacher leading Canoeing (Level 1) in this environment to possess the following units as a minimum:

Demonstrate simple canoeing skills

- Paddle safely.
- Demonstrate a range of technically correct strokes

Apply canoeing skills

- Select appropriate equipment, plan, organise and conduct a paddling session safely.
- Demonstrate a full range of technically correct and effective strokes in the appropriate environment

Perform deep water rescues

- Perform a suitable deep water rescue of a capsized vessel for up to two participants in canoe. You need to perform a suitable deep water rescue from your canoe.
- Demonstrate how you would assist a person unable to re-enter a canoe without your assistance.

Current First Aid qualifications including Cardio Pulmonary Resuscitation (CPR) or ready access to first aid facilities, including qualified personnel **OR** Remote Area First Aid if operating more than one hour away from emergency services

Details

Teachers will need to demonstrate competence in leading student groups during this type of activity by applying the skills briefly outlined in the unit descriptions above. An applicant will need to have taken student groups on a minimum of 3 occasions and have personally participated. The risk assessment process will also need to have been conducted and recorded as well as the activity planning, leading and concluding stages successfully completed and recorded.

Further Information

Contact:

Deputy Principal

MOEC

Ph: 54636333

www.maroonoec.eq.edu.au

G:\Coredata\Teachers\MOEC RTO\New Training Package Materials\Administration\Website Information\Activity Flyers\Canoeing sheltered enclosed environments Level 1.doc