Maroon Outdoor Education Centre

Apply river crossing skills unit for Bushwalking Level 3 (Intermediate Areas) from Sport, Fitness and Recreation Training Package (SIS10)

Context

Bushwalking in intermediate areas (difficult or trackless areas) is hiking through naturally occurring and or modified landscapes:

- Where the nearest built up area, or safe collecting feature can be reached within 1 or 2 days' walk;
- Relates to conducting walks on class 5 or 6 tracks, or areas where there are limited modifications to the natural surface so that track alignment is indistinct in places, walking through challenging natural areas requiring well developed navigation skills.

Qualifications

This course develops the knowledge and skills for:

Apply river crossing skills

- **Identify river based hazards and conditions**
- **Plan to cross swift water**
- **Use appropriate team strategies to cross & perform self-rescue in swift water**
- **Perform team rescues in swift water using appropriate resources**

The CARA requires a teacher leading bushwalking in this environment to also gain the following units as a minimum:

Interpret weather conditions in the field

Apply intermediate bushwalking skills

Apply navigation skills in an intermediate environment

Respond to emergency situations

Provide first aid (credit transfer only)

Operate communication systems and equipment (Required for skill set – available upon application only)

Use and maintain a temporary or overnight site (Required for skill set – available upon application only)

Guide intermediate bushwalks (Required for skill set – available upon application only)

Details

This one day course will be conducted at a river with a swift water environment. Candidates need to be prepared by:

- Providing all personal gear and food for the day
- Arranging own transport to and from the river venue
- Having adequate swimming ability to participate in the activity – you will be getting wet!

Further Information

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