

# Maroon Outdoor Education Centre CAMPOUT AND BUSHWALKING GUIDE

Campout and Bushwalking are very valuable learning experiences within the Maroon OEC curriculum. Much of their value is inherent in the isolation of the learning environment. This isolation has an effect on the safe management of individuals, single groups and multiple groups. To manage the risks associated with campout and bushwalking the following processes and guidelines have been developed.

# Planning and Preparing for Campout and Bushwalking

#### **MOEC will:**

- 1. Consider all program requests in relation to the well being of students and staff.
- 2. Adhere to MOEC Risk Management Bushwalking and Campout Modules.
- 3. Provide at least 3-hours of preparation for groups before campout.
- 4. Conduct a national park introduction session for students entering any national park. The session will focus on minimal impact and the special nature of the environment.
- 5. Conduct first night campouts through negotiation with MOEC administration.
- 6. Allocate group development time for all groups in the early stages of the program.
- 7. Alter any planned walk to suit the level of the students in a group.
- 8. Provide information to schools to be shared with students and parents.

#### Schools should:

- 1. Inform school administration, teachers, students and parents about campout and bushwalking details prior to attending MOEC.
- 2. Consider students and teachers pre-existing medical conditions before finalising groups for bushwalks and campouts.
- 3. For walks at levels 5 or 6 ensure that the visiting staff member: is capable of, and prepared to, take on a lead role in a remote location; has experience in lightweight camping and bushwalking; and has the ability to administer first aid and respond to an emergency situation.

	Campout Recommendations	Bushwalk Recommendations				
	(Based on a 5 day program)	(Based on a 5 day program)				
Below Year 6:	A one-night campout at the centre.	Level 1 only.				
Year 6 and 7:	A one-night campout at an All Schools campsite.	Level 1, 2 and 3 only (Full expedition				
		packs should not be carried).				
Year 8 and 9:	Up to two-night campout at All Schools or Secondary	Level 1, 2, 3 and 4 only.				
	campsites.					
Year 10, 11 and 12:	Up to two-night campout at any campsites rated from	es rated from Level 1, 2, 3 and 4. Levels 5 and 6				
	All Schools; Secondary or Upper Secondary.	only if requirements are met.				

Any requested variations to the above must be negotiated with the MOEC administration.

## **Campsite Guide**

RATING	CAMPSITE NAME						
All Schools	Bigriggen; Flanagans; Lagoons; MOEC Lease; Sawmill; 85V (Low Water);						
(Campsites with bus and 4WD	Waterfall, Charlies, Water Tower, Lake Maroon HP, Flanagans Reserve						
access and good communication)							
Secondary - Years 8-12	Border Fence; Chalks/Kinnanes; Cleared Ridge; Paddy's Plain; Public Purposes;						
(Campsites with 4WD access and	Repeater; Skull Camp; Watson's Creek; Watson's Falls, 85V (High Water),						
good communication)	Drummer Gully						
Upper Secondary Years 10-12	Barney Gorge; Broken Bridge; Cronan Creek; Goolang Creek; Gravel Pit; Hoop						
(Campsites with access issues and /	Pines; Lower Portals; Wilson's Creek; Yamahra Creek, Watsons Falls.						
or mixed communication)							

## **Bushwalking Guide**

#### Level 1 - Basic

I would be able to walk for about 3 hours on flat or undulating tracks carrying a daypack.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

Goal: To experience camping and bushwalking with a group of people.

#### Level 2 - Basic

I would be able to walk for about 3 hours on flat or undulating tracks carrying an expedition backpack. I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

**Goal:** To experience camping with a group of people and bushwalking with an expedition backpack.

#### Level 3 - Moderate

I would be able to walk for about 5 hours up and down some hills carrying an expedition backpack.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I would be able to camp in a tent.

**Goal:** To experience camping with a group of people and to bushwalk with an expedition backpack.

#### Level 4 – Moderate

I would be able to walk for about 5 hours, including some steep sections of track carrying an expedition backpack. I would be able to camp in a tent.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no serious medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

Goal: To experience camping with a group of people and to challenge myself by bushwalking with an expedition backpack.

#### Level 5 - Advanced

I am physically capable of carrying a backpack for about 6 hours on tracks, uneven terrain and up and down steep sections of track.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

Goal: I want to explore and camp in natural areas with a group of people and I want to physically challenge myself and learn more about the environment and lightweight camping.

#### Level 6 – Advanced

I am physically capable of carrying a backpack for about 8 hours on tracks, uneven terrain and up and down long steep sections of track.

I will be able to bring all of the items on the Essential Clothing / Equipment List.

I am healthy, I have no medical conditions that might require emergency treatment and I have no injuries that will hinder me walking or carrying an expedition backpack.

Goal: I want to explore and camp in natural areas with a group of people and I want to physically challenge myself and learn more about the environment and lightweight camping.

A daypack is about the size of a school bag. It is used to carry things like water, sunscreen, jumper, raincoat and food and would weigh about 8 kilograms.

An expedition backpack may weigh up to 1/3 of your body weight (Years 10-12) or <sup>1</sup>/<sub>4</sub> of your body weight (Years 7-9). It will contain things like clothes, water, food, tent, sleeping bag, sleeping mat and all other personal items.

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	Average Min. Temperature	19.2	18.8	17.1	13.5	9.8	6.6	5.3	6.4	9.3	12.8	15.9	17.7
	Average Max. Temperature	30.7	30.0	29.2	27.6	24	21.5	21.1	22.5	24.6	27.0	29.4	30.6
	Average Rainfall (mm)	127.2	124.6	98.5	62.6	58.8	53.1	44.0	34.3	40.8	69.0	83.1	119.2
	Average Rain Days	10	10	10	7	7	6	5	5	6	8	9	10

#### **Temperature and Rain Averages for Beaudesert:**