

# Maroon Outdoor Education Centre



RTO No. 32122

# Base Camping Units from Sport, Fitness and Recreation Training Package (SIS10)

# **Context**

Base camping involves sleeping in tents, where some facilities are provided to support the activity (e.g. communication point, security lighting, designated camp sites), and the site has been accessed by motorised means (i.e. someone has taken the students there).

## **Qualifications**

The CARA requires a teacher leading Base Camping to possess the following units as a minimum:

### Use and maintain a temporary or overnight site

• Use knowledge and skills required to establish, use and maintain a temporary site. Temporary sites include sites used for rest stops, overnight camping and emergency shelters.

# Minimise environmental impact

• Apply knowledge and skills required to ensure that practices are implemented to achieve minimal environmental impact whilst participating in outdoor activities under supervision.

#### Interpret weather conditions in the field

• Use knowledge and skills required to interpret weather signs in the field in order to predict future weather conditions and their impact on outdoor recreation activities.

# Senior First Aid (Must be held by applicant)

#### **Details**

Teachers will need to demonstrate competence in leading student groups during this type of activity by:

- Applying the skills briefly outlined in the unit descriptions above.
- Leading student groups camping in a similar location on a minimum of 3 occasions.
- Personally participating in similar or higher level trips to other venues on at least 3 occasions.
- Conducting and recording the risk assessment process for the trips with students
- Planning and successfully leading the trips with students
- Concluding the activity successfully and recording the process and results.
- Demonstrating an understanding of weather patterns and influences in operational areas.

### Further Information

Contact: Deputy Principal MOEC Ph: 54636333

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