Vertical Rescue (Single pitch), Units from Sport, Fitness and Recreation Training Package (SIS10)

Context
The ability to respond to developing situations in a vertical context by applying high level knowledge of roping systems, safe usage practise, group management and vertical rescue skills are inherent in the conduct of high adventure activities such as rock-climbing, abseiling and high ropes.

Qualifications
The EPPR requires a teacher taking single pitch rock-climbing or abseiling in a natural or artificial environment to possess this Vertical Rescue unit:

Perform vertical rescues
- Ascending and Descending a fixed rope
- Rope techniques & mechanical advantage systems
- Rescue techniques & Harness improvisation

Details
Teachers will need to demonstrate competence in assessing a situation, determining the best strategy for rescue and perform the rescue efficiently and safely.

Further Information
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