Canoeing (Level 2) Units from
Sport, Fitness and Recreation Training Package (SIS10)

**Context**
Canoeing (Level 2) provides the knowledge and skills to plan for, participate in and control a canoe on:
- Up to Grade One Water with minimal flow of water.
- Sheltered and calm water with ease of access to shore and open lakes.

**Qualifications**
The CARA requires a teacher leading Canoeing (Level 2) in this environment to possess the following units as a minimum:

**Demonstrate navigation skills in a controlled environment**
- Navigate by using a map and compass following a planned route

**Apply canoeing skills**
- Select appropriate equipment, plan, organise and conduct a paddling session safely.
- Demonstrate a full range of technically correct and effective strokes in the appropriate environment

**Perform deep water rescues**
- Perform a suitable deep water rescue from your canoe of a capsized vessel.
- Demonstrate how you would assist a person unable to re-enter a canoe without your assistance.

**Guide canoeing trips on flat and undemanding water**
- Prepare and run a canoeing session for a group, choose the required equipment,
- You will be required to run the session safely and deal with any issues that emerge.

**Senior First Aid (Must be held by applicant)**

**Details**
Teachers will need to demonstrate competence in leading student groups during this type of activity by:
- Applying the skills briefly outlined in the unit descriptions above.
- Leading student groups in a similar location on a minimum of 3 occasions.
- Personally participating in similar or higher level trips to other venues on at least 3 occasions.
- Conducting and recording the risk assessment process for the trips with students
- Planning and successfully leading the trips with students
- Concluding the activity successfully and recording the process and results.

**Further Information**
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