Bushwalking Level 2 (controlled environments) Units from Sport, Fitness and Recreation Training Package (SIS10)

Context
Bushwalking in controlled environments is hiking through naturally occurring and or modified landscapes:
- Where the nearest built up area, or safe collecting feature can be reached within 2 hours’ walk;
- Relates to conducting walks on class 3 or 4 tracks, which are maintained, poorly signed or unsigned, reliably marked on maps and well defined on the ground, or walking through natural areas using clearly defined features requiring some navigation skills.

Qualifications
The CARA requires a teacher leading bushwalking in this environment to possess the following units as a minimum:
- Demonstrate bushwalking skills in a controlled environment (tracked/easy untracked)
  - Select appropriate equipment, plan, organise and walk safely
  - Demonstrate walking and navigation skills in the non-urban environment
- Demonstrate navigation skills in a controlled environment (tracked/easy untracked)
  - Navigate by using a map and compass following a planned route to a destination

Interpret weather conditions in the field
Guide outdoor recreation sessions
Operate communication systems and equipment (Required for skill set – available upon application only)
Guide bushwalks in a controlled environment (Required for skill set – available upon application only)
Use and maintain a temporary or overnight site (Required for skill set – available upon application only)
Provide first aid (credit transfer only)

Details
Teachers will need to demonstrate competence in leading student groups during this type of activity by:
- Applying the skills briefly outlined in the unit descriptions above.
- Leading student groups walking in a similar location on a minimum of 3 occasions.
- Personally participating in similar or higher level trips to other venues on at least 3 occasions.
- Conducting and recording the risk assessment process for the trips with students
- Planning and successfully leading the trips with students
- Concluding the activity successfully and recording the process and results.
- Demonstrating an understanding of weather patterns and influences in operational areas.
- Holding current Provide First Aid Certification.

Further Information
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